



National Coalition for Sexual Health  
Health Care Action Group  
December 3, 2013  
1:00 – 2:30 pm (ET)  
1-877-939-9724; access code 3833060

### Objectives

- Update the HCAG on the sexual health guide
- Develop a promotional strategy to create awareness of the guide among professionals and consumers
- Discuss potential activities targeting health care providers and create an action plan for moving forward

### Agenda

1:00 pm

#### Update on sexual health guide

- Brief overview of final revisions and timeline for completion
  - Information and resources for transgender individuals (see pg 2 of the agenda)
- Share plan for Phase 2
  - Print
  - Online

1:20 pm

#### Discussion on promoting the guide and its sections

- How can NCSH/HCAG members promote the guide to members, other professionals, and the public?
- What promotional items would be beneficial (e.g., newsletter articles)?
- How can we promote the guide through media outreach with the Communications Action Group?

2:00 pm

#### Discussion on potential provider-oriented activities

- Identify priority projects/activities
- Develop a plan for immediate next steps

2:25 pm

#### Update on NCSH activities

- New members
- Communications Action Group activities

## Final Additions to the Guide

Language to be included:

### **If You Are Transgender**

Many of the preventive services in this guide will help you stay healthy. Although finding a provider who can address your unique healthcare needs may be difficult, it is important to get tested regularly for HIV and other STIs, and vaccinated against hepatitis and HPV (if you're eligible). Use condoms and practice safer sex to protect you and your partners. For more in-depth guidance, see the resources listed at the end of this guide.

LGBT resources listed in the back of the guide and how they can help transgender individuals:

- Gay and Lesbian Medical Association
  - To help transgender individuals locate a provider familiar with their needs and educate them about the 10 most important things to discuss with their health care provider.
- GLBT National Hotline
  - To help those needing peer counseling or wanting to know about local resources.
- TransGenderCare
  - To help those seeking information about transition-related care.
- CDC's LGBT Health section
  - To link transgender people with other health resources and information.